

CRUSHES



- MANGO TANGO** 10
Mango, passionfruit and orange blended with ice
- WATERMELON CRUSH** 10
Watermelon, mint, coconut water & sugar syrup, blended with ice
- LYCHEE PINEAPPLE CRUSH** 10
Pineapple, lychees, mint & sugar syrup, blended with ice
- LYCHEE WATERMELON CRUSH** 10
Watermelon, lychees, mint & sugar syrup, blended with ice

THICKSHAKES



- OREO THICKSHAKE** 10
Oreos, milk & ice cream, blended, topped with whipped cream
- NUTELLA THICKSHAKE** 10
Nutella, milk & ice cream, blended, topped with whipped cream

ICED DRINKS



- PEACH ICED TEA** 7
Peach iced tea, with lemon and mint
- ICED STRAWBERRY MATCHA** 10
Ice, matcha powder, strawberry compote & milk
- ICED MATCHA LATTE** 10
Ice, matcha powder & milk
- ICED LONG BLACK** 7
Ice, double espresso & cold water
- ICED LATTE** 8
Ice, double espresso & milk
ADD Caramel, Vanilla or Hazelnut Syrup | 1
- ICED CHAI LATTE** 8
Ice, chai powder & milk
- ICED DIRTY CHAI LATTE** 8.5
Ice, chai powder, double espresso, & milk
- ICED COFFEE** 8.5
Ice-Cream, double espresso & milk, topped with whipped cream
- ICED CHOCOLATE** 8.5
Ice-cream, chocolate syrup, & milk, topped with whipped cream
- ICED MOCHA** 9
Ice-cream, chocolate syrup, double espresso, & milk, topped with whipped cream

MINERAL WATER

- Still 4
Sparkling 4.7

FRESH JUICES



- LEMON GINGER SHOT** 4.50
FRESH FUSION 11
Pineapple, apple, lemon, cucumber and ginger.
- SOUR WARHEAD** 11
Pineapple, apple, lemon, strawberry
- MEAN GREEN** 11
Apple, kale, mint, orange, lemon
- TROPICAL** 11
Watermelon, orange, pineapple
- CREATE YOUR OWN** 12
Your choice of 3 options:
- Apple - Watermelon
- Lemon - Pineapple
- Orange - Carrot
- EXTRAS | 1**
- Kale
- Ginger
- Mint

SMOOTHIES



- BANANA SMOOTHIE** 9
Banana, honey, milk & ice-cream
- BERRY SMOOTHIE** 9
Berries, honey, milk & ice-cream
- MANGO SMOOTHIE** 9
Mango, milk & ice-cream
ALTERNATIVE MILK | 1.50

MILKSHAKES



- Chocolate
- Vanilla
- Caramel
- Strawberry
ALTERNATIVE MILK | 1.50 8

PROTEIN SHAKES



- PARX PROTEIN** 9
1 Scoop of caramel protein, honey, with your choice of water or milk, blended with ice
- PB BANANA PROTEIN** 9
1 Scoop of vanilla protein, Peanut butter, Banana with your choice of water or milk, blended with ice
- COOKIES AND CREAM PROTEIN** 9
1 Scoop of cookies and cream protein, with your choice of water or milk, blended with ice

ADD Extra Scoop of Protein | 2
ALTERNATIVE MILK | 1.50

SOFT DRINKS



- Coke 4.5
Coke Zero 4.5
Sprite 4.5
Lemon, Lime & Bitters 6

HOT DRINKS



- Latte
- Cappuccino
- Flat White
- Long Black
- Hot Chocolate
- Chai Latte
- | | | | |
|--|-----|-----|-----|
| | Reg | Lrg | Jmb |
| | 5.0 | 5.5 | 6.8 |
- Mocha
- Dirty Chai
- Nutella Hot Chocolate
- | | | | |
|--|-----|-----|-----|
| | Reg | Lrg | Jmb |
| | 5.5 | 6.0 | 7.0 |

- Espresso 3.5
Macchiato 3.7
Piccolo 3.9

TEA



- Earl Grey
- Green
- English Breakfast
- Peppermint
- Chamomile
- BELGIAN HOT CHOCOLATE** 7.0
- Milk
- White
- | | | | |
|--|-----|-----|-----|
| | Reg | Lrg | Jmb |
| | 5.5 | 6.0 | 7.0 |

SPECIALTY MOCHA



- Belgian Milk Chocolate
- Belgian White Chocolate
- Nutella
- | | | | |
|--|-----|-----|-----|
| | Reg | Lrg | Jmb |
| | 6.0 | 6.5 | 7.5 |

SPECIALTY LATTES



- Matcha
- Turmeric
- | | | | |
|--|-----|-----|-----|
| | Reg | Lrg | Jmb |
| | 4.8 | 5.1 | 6.0 |

EXTRAS

- Extra Shot
- Decaf
- Honey
- Vanilla Syrup
- Caramel Syrup
- Hazelnut Syrup
- 0.7

ALTERNATIVE MILK

- Oat
- Soy
- Almond
- Lactose Free
- 1



PARX COFFEE HOUSE

Trading Hours

Monday to Friday 6:15am - 4pm

Saturday to Sunday 7:30am - 3pm

Kitchen closes 30 minutes earlier

ABBOTSBURY

Shop 2 / 60 - 68 Stockdale Crescent
Abbotsbury NSW 2176
9610 7279

GREGORY HILLS

Shop 11 / 7 Gregory Hills Drive
Gledswood Hills NSW 2557
4647 1060

PRESTONS

Shop 2, Prestons Shopping Village,
Wroxham Street, Prestons NSW 2170
9608 3315

CRANE BROOK

Shop 1a / 13 Renshaw Street
Cranebrook NSW 2749
4751 4730

HARRINGTON PARK

10/23 Fairwater Drive
Harrington Park NSW 2567
4625 5681

Please note ~We DO NOT offer substitutes. We do try our best to accommodate changes where possible, however not all requests may be fulfilled. While we try to outline allergen items in our dishes menu items may contain or come in contact with WHEAT, EGGS, PEANUTS, TREE NUTS, and MILK.

*GLUTEN FREE BREAD OPTION AVAILABLE | *NO SPLIT BILLS | *NO BOOKINGS

10% SURCHARGE ON PUBLIC HOLIDAYS

www.parxcoffeehouse.com.au

ALL DAY BREAKFAST

- HOTPOT** 🌿 🍄 🌶️ (I'm back!) **22**
Capsicum, onion and jalapeno slow cooked in a rich tomato sugo with garlic and herbs, topped with 2 poached eggs, a tomato, cucumber onion salsa with fetta and a side of toasted sourdough bread
ADD Sujuk | 5 ADD Chorizo | 5 ADD Mushrooms | 4
- SMASHING POTATOES** 🍄 🌶️ 🍌 (I'm back!) **24**
Moroccan spiced sweet potato mash with haloumi, avocado, labneh, bacon, 2 poached eggs and fried chilli kale
- VEGGIE STACK** 🌿 (I'm back!) **22**
Crumbed eggplant, grilled zucchini, grilled sweet potato, grilled capsicum and haloumi, stacked and topped with fried chilli kale, pesto and fetta
ADD Eggs | 6 ADD Mushroom | 4
- STEAK AND EGGS** **30**
Sirloin cooked medium, served with 2 fried eggs, chimichurri and a side of sweet potato fries
- OMELETTE** 🌿 🍄 **22**
Sliced ham and shredded cheese in a folded omelette, topped with za'atar, served with sourdough toast
OR
Sautéed mushrooms, onion and spinach topped with fetta and za'atar, served with sourdough toast
ADD Sujuk | 5 ADD Chorizo | 5 ADD Bacon | 5 ADD Mushroom | 4
- TURKISH EGGS** 🌿 🍄 🌶️ **23**
2 poached eggs, Turkish bread, haloumi, cucumber, labneh, grilled tomato, onion & capsicum drizzled with chilli oil
ADD Chorizo | 5 ADD Bacon | 5
- SMASHED AVO** 🌿 🍄 **22**
Sourdough toast topped with smashed avocado, 2 poached eggs, fetta, cherry tomatoes & za'atar
ADD Bacon | 5 ADD Sujuk | 5 ADD Chorizo | 5 ADD Smoked Salmon | 6
- EGGS BENEDICT** **24**
Sourdough toast, 2 poached eggs, sautéed spinach and mushroom, hollandaise sauce served with your choice of bacon, ham, Sujuk, Haloumi or salmon **CHANGE to Croissant | + 4**
- PARX BIG BREAKFAST** **30**
2 eggs cooked your way, bacon, chorizo, potato gems, avocado, haloumi, mushroom, spinach, tomato and sourdough toast
- MEZZE BOARD** 🍄 **60**
Made to share - Scrambled eggs, bacon, chorizo, potato gems, sujuk, haloumi, mushrooms, avocado, fetta, olives, tomato, cucumber, labneh, za'atar oil and Turkish bread
- BACON AND EGG ROLL** 🍄 **15**
2 fried eggs, bacon & BBQ sauce on a Turkish roll
ADD Cheese | 1
- BREKKIE WRAP/BURGER** 🍄 **20**
Egg, bacon, chorizo, cheese, caramelized onion, aioli & BBQ sauce on a wrap or bun, served with potato gems
- OREGANO FOLD** 🌿 🍄 **19**
Avocado, fetta, lettuce & tomato folded in a toasted za'atar roll served with olives
ADD 2 Eggs | 6



EGGS ON TOAST 🌿 **14**
2 eggs cooked your way, served on sourdough toast
ADD Bacon | 5 ADD Chorizo | 5 ADD Sujuk | 5

ALL DAY LUNCH

- SALMON BOWL** (I'm back!) **30**
Cajun spiced salmon fillet served with couscous, cauliflower, haloumi, onion, mushrooms, cherry tomatoes and zucchini, served with a lemon wedge
- SOUTHERN FRIED CHICKEN BOWL** 🌶️ **28**
Southern fried chicken, brown rice, smashed avocado, slaw, cheese, tomato, pickles, jalapenos, grilled capsicum & onion drizzled with spicy chipotle sauce
- CHICKEN AVO MELT** **28**
Sourdough toast, topped with smashed avocado, grilled chicken and melted tasty cheese served with a side of sweet potato fries and Greek salad
- LAMB RICE BOWL** 🍄 **30**
Lamb backstrap skewers brown rice, fetta, sautéed capsicum, Spanish onion, olives, spinach & sweet potato served with tzatziki and lemon wedge
- FISH AND CHIPS** **25**
3 battered flathead filets served with super crunch fries and side Greek salad, lemon wedge and tartare sauce
- FISH TACOS** 🍄 🌶️ **25**
3 Warm tortilla wraps filled with mixed cabbage, battered fish and a mango salsa topped with spicy chipotle sauce, served with a lemon wedge
- PARX MIXED PLATE** **30**
Lamb backstrap skewer and chicken skewer served with a side of Greek salad, pita bread and super crunch fries with tzatziki and a lemon wedge



WRAPPED & ROLLED

- All served with Super Crunch Fries
ADD Bacon Loaded Fries | 3
- LAMB WRAP** **25**
Sliced lamb backstrap, lettuce, fetta, cucumber, tomato, spanish onion, capsicum, & tzatziki
- VEGGIE WRAP** 🌿 (I'm back!) **23**
Crumbed eggplant, grilled zucchini, grilled sweet potato, grilled capsicum, pesto, haloumi and lettuce
- CRISPY CHICKEN WRAP** 🌶️ **24**
Southern fried chicken, avocado, tomato, cheese, lettuce & spicy chipotle sauce
- SCHNITZEL ROLL** 🍄 **27**
Chicken schnitzel, bacon, lettuce, tomato, Kewpie mayonnaise, and cheese on Turkish bread
- STEAK SANDWICH** 🌶️ **28**
Sirloin cooked medium, pickles, bbq sauce, aioli, roasted capsicum, caramelized onions, American cheese and chimichurri on Turkish bread
*Well done - allow 15 mins cooking

ALLERGEN INFORMATION



BURGERS

- All served with Super Crunch Fries
ADD Bacon Loaded Fries | 3
- GOURMET TRUFFLE CHEESEBURGER** 🍄 **25**
2 House made smash patties, spicy sujuk, onion, Tasty cheese and truffle mayo in a milk bun
ADD Bacon | 2.5
- PARX SMASH BURGER** 🍄 **26**
2 House made smash patties, bacon, lettuce, sliced tomatoes, onion, pickles, cheese, Aioli and BBQ sauce, in a milk bun
ADD Fried Egg | 3
- SOUTHERN FRIED CHICKEN BURGER** 🍄 🌶️ **25**
Southern fried chicken, slaw, American cheese & spicy chipotle sauce in a milk bun
ADD Bacon | 2.5
- GRILLED CHICKEN BURGER** 🍄 🌶️ **25**
Grilled chicken, lettuce, cheese, jalapenos, onion, sliced tomato, spicy chipotle sauce in a milk bun
ADD Bacon | 2.5
- SALADS**
- PUMPKIN SALAD** 🌿 🍄 🍌 **18**
Grilled pumpkin, grilled zucchini, spinach, cauliflower, Spanish onion, fetta cheese and almonds with a tangy balsamic honey dressing
ADD Grilled Chicken | 6
- GREEK SALAD** 🌿 🍄 **18**
Oak lettuce, tomato, cucumber, fetta, capsicum, Spanish onion, olives & balsamic honey dressing
ADD Grilled Chicken | 6



- CRUNCHY NOODLE SALMON SALAD** 🍄 **28**
Oak lettuce, cabbage, capsicum, onion, cucumber and fresh coriander leaves, topped with almonds, sesame seeds and fried noodles, with a sweet chili vinegar dressing
- SIDES**
- LABNEH FRIES** 🌿 🍄 **15**
Fries topped with labneh and za'atar, served with a lemon wedge
- LOADED BACON GEMS** **15**
Potato gems topped with bacon bits & aioli
- POTATO GEMS** 🌿 **12**
SWEET POTATO FRIES 🌿 **12**
SUPER CRUNCH FRIES 🌿 **10**



- LOADED BACON SWEET POTATO FRIES** **15**
Sweet potato fries topped with bacon bits & aioli
- LOADED BACON SUPER CRUNCH FRIES** **15**
Super crunch fries topped with bacon bits & aioli

SOMETHING SWEET

- LOADED DONUT FRIES** 🌿 (I'm back!) **25**
Donut fries loaded with Belgian milk chocolate, Belgian white chocolate topped with chocolate crumb. Served with strawberries and banana with vanilla ice cream
- ACAI BOWL** 🍌 🍄 🌿 **18**
Frozen Acai blend finished with seasonal fruits, granola, coconut chips, superfoods, and honey
ADD Peanut Butter | 2 ADD Nutella | 2
- GRANOLA BOWL** 🍌 🍄 🌿 **17**
Greek yoghurt topped with seasonal fruits, honey, and granola
- PARX PANCAKES** 🌿 **25**
House-made pancakes, vanilla ice-cream & seasonal fruits served with your choice of maple syrup or Nutella
- CRUNCHY FRENCH TOAST** 🌿 **25**
French toast coated with cinnamon-sugar and cornflakes served with vanilla ice-cream, berry coulis, maple syrup and seasonal fruits
- NUTELLA CREPES** 🌿 🍌 **22**
3 crepes loaded with Nutella, topped with seasonal fruits, chocolate crumble, Belgian chocolate, and vanilla ice-cream
- WAFFLES** 🌿 **22**
2 waffles served with Belgian chocolate, seasonal fruits, vanilla ice-cream and chocolate crumble
- AFFOGATTO** 🌿 🍌 **8**
Vanilla ice-cream served with a double espresso, Belgian milk chocolate, and topped with pistachios.

EXTRAS

- Slice of cheese | Sauces - Tomato, BBQ, Aioli | **(1)**
Truffle mayo, Spicy chipotle, Kewpie mayo **(2)**
Extra Bread | Grilled Tomato | Spinach | Fetta |
Hollandaise | Vanilla Ice Cream - **(2)**
GF Toast | Egg - **(3)**
Avocado | Sautéed mushrooms - **(4)**
Ham | Haloumi | Chorizo | Bacon | Sujuk - **(6)**
Smash Pattie | **(5)**
Smoked Salmon - **(6)**
Chicken Schnitzel- **(10)**
Southern Fried Chicken | Grilled Chicken **(9)**
Salmon Fillet **(14)**
Steak - **(14)**
Lamb Skewer **(6)**
Chicken Skewer **(5)**