

CRUSHES

- MANGO TANGO

Mango, passionfruit and orange blended with ice

10
- WATERMELON CRUSH

Watermelon, mint, coconut water & sugar syrup, blended with ice

10
- LYCHEE WATERMELON CRUSH

Watermelon, lychee, mint & sugar syrup, blended with ice

10
- LYCHEE PINEAPPLE CRUSH

Pineapple, lychee, mint & sugar syrup, blended with ice

10

MILKSHAKES

- Chocolate

-Vanilla

-Caramel

-Strawberry

ALTERNATIVE MILK|1.50

8

SPECIALTY MATCHA

- ICED MANGO MATCHA

Ice, Matcha powder, Mango compote & milk

10
- ICED WHITE CHOCOLATE MATCHA

Ice, Matcha powder, White chocolate & milk

10
- ICED STRAWBERRY MATCHA

Ice, Matcha powder, strawberry compote & milk

10
- ICED MATCHA LATTE

Ice, Matcha powder & milk

10

ICED DRINKS

- PEACH ICED TEA

PÀRX house made Peach iced tea, with lemon and mint

7
- ICED LONG BLACK

Ice, double espresso & cold water

7
- ICED LATTE

Ice, double espresso & milk

8
- ADD Caramel, Vanilla or Hazelnut Syrup | 1
- ICED CHAI LATTE

Ice, chai powder & milk

8
- ICED DIRTY CHAI LATTE

Ice, chai powder, double espresso, & milk

8.5
- ICED COFFEE

Ice-Cream, double espresso & milk, topped with whipped cream

8.5
- ICED CHOCOLATE

Ice-cream, chocolate syrup, & milk, topped with whipped cream

8.5
- ICED MOCHA

Ice-cream, chocolate syrup, double espresso, & milk, topped with whipped cream

9
- ICED TIRAMISU LATTE

Ice, double espresso, milk, vanilla syrup topped with vanilla cold foam

10

FRESH JUICES

- LEMON GINGER SHOT

4.50
- FRESH FUSION

Pineapple, apple, lemon, cucumber and ginger.

11
- SOUR WARHEAD

Pineapple, apple, lemon, strawberry

11
- MEAN GREEN

Apple, kale, mint, orange, lemon

11
- TROPICAL

Watermelon, orange, pineapple

11
- CREATE YOUR OWN

Your choice of 3 options:
- Apple - Watermelon
- Lemon - Pineapple
- Orange - Carrot

12
- EXTRAS | 1

- Kale
- Ginger
- Mint

SMOOTHIES

- Banana

-Berry

-Mango

9
- ALTERNATIVE MILK|1.50
- THICKSHAKES

Oreo, milk & ice cream, blended, topped with whipped cream

10
- NUTELLA THICKSHAKE

Nutella, milk & ice cream, blended, topped with whipped cream

10
- ALTERNATIVE MILK|1.50
- PROTEIN SHAKES

PÀRX PROTEIN

1 Scoop of caramel protein, honey, with your choice of water or milk, blended with ice

9
- PB BANANA PROTEIN

1 Scoop of vanilla protein, Peanut butter, Banana with your choice of water or milk, blended with ice

9
- COOKIES AND CREAM PROTEIN

1 Scoop of cookies and cream protein with your choice of water or milk, blended with ice

9
- ADD Extra Scoop of Protein | 3
- ALTERNATIVE MILK|1.50
- SOFT DRINKS

Coke

4.5
- Coke Zero

4.5
- Sprite

4.5
- Lemon, Lime & Bitters

6
- MINERAL WATER

Still

4
- Sparkling

4.7
- HOT DRINKS

-Latte

-Cappuccino

-Flat White

-Long Black

-Hot Chocolate

-Chai Latte

Sml

Reg

Lrg

4.5

5.0

5.5
- Mocha

-Dirty Chai

-Nutella Hot Chocolate

Sml

Reg

Lrg

5.0

5.5

6.0
- Espresso

3.5
- Macchiato

3.7
- Piccolo

3.9
- TEA

-Earl Grey

-Green

-English Breakfast

-Peppermint

-Chamomile

4.5
- BELGIAN HOT CHOCOLATE

-Milk

-White

Sml

Reg

Lrg

5.2

5.5

6.0
- SPECIALTY MOCHA

-Belgian Milk Chocolate

-Belgian White Chocolate

-Nutella

Sml

Reg

Lrg

5.5

6.0

6.5
- SPECIALTY LATTES

-Matcha

-Turmeric

Sml

Reg

Lrg

4.5

4.8

5.1
- EXTRAS

-Extra Shot

-Decaf

-Honey

-Vanilla Syrup

-Caramel Syrup

-Hazelnut Syrup

0.7
- ALTERNATIVE MILK

-Oat

-Soy

-Almond

-Lactose Free

1



Trading Hours

Monday to Friday 6:15am – 4pm

Saturday to Sunday 7:30am – 3pm

Kitchen closes 30 minutes earlier

ABBOTSBURY

Shop 2 / 60 – 68 Stockdale Crescent
Abbotsbury NSW 2176
9610 7279

PRESTONS

Shop 2, Prestons Shopping Village,
Wroxbam Street, Prestons NSW 2170
9608 3315

GREGORY HILLS

Shop 11 / 7 Gregory Hills Drive
Gledswood Hills NSW 2557
4647 1060

CRANEBROOK

Shop 1a / 13 Renshaw Street
Cranebrook NSW 2749
4751 4730




While we try to outline allergen items in our dishes
menu items may contain or come in contact with WHEAT, EGGS, PEANUTS,
TREE NUTS, and MILK.

*GLUTEN FREE BREAD OPTION AVAILABLE | *NO SPLIT BILLS | *NO BOOKINGS
10% SURCHARGE ON PUBLIC HOLIDAYS


www.parxcoffeehouse.com.au



ALL DAY BREAKFAST

| | |
|--|----|
| FLATBREAD SPREAD <i>(i'm BACK!)</i> 🍄 | 24 |
| Pita bread with ajvar, labneh, fresh spinach , Spanish onion and sujuk topped with 2 fried eggs, feta and sesame seeds | |
| STEAK AND EGGS <i>(i'm new!)</i> | 28 |
| Sirloin cooked medium, served with 2 fried eggs, chimichurri and a side of sweet potato fries | |
| CHILLI EGGS <i>(i'm new!)</i> 🌶️🌶️ | 25 |
| Sourdough toast topped with scrambled chilli eggs, sujuk, coriander, chilli oil and parmesan cheese topped with crunchy fried onions | |
| OMELETTE 🌿🍄 | 22 |
| Sliced ham and shredded cheese in a folded omelette, topped with za'atar, served with sourdough toast OR Sauteed mushrooms, onion and spinach topped with feta and za'atar, served with sourdough toast | |
|  ADD Sujuk 5 ADD Chorizo 5 ADD Bacon 5 ADD Mushroom 4 | |
| TURKISH EGGS 🌿🌶️🌶️ | 22 |
| 2 poached eggs, Turkish bread, haloumi, cucumber, labneh, grilled tomato, onion & capsicum drizzled with chilli oil ADD Chorizo 5 ADD Bacon 5 | |
| SMASHED AVO 🌿🍄 | 22 |
| Sourdough toast topped with smashed avocado, 2 poached eggs, Danish feta, cherry tomatoes & za'atar ADD Bacon 5 ADD Sujuk 5 ADD Chorizo 5 ADD Smoked Salmon 6 | |
| EGGS BENEDICT | 22 |
| Sourdough toast, 2 poached eggs, sautéed spinach and mushroom, hollandaise sauce served with your choice of bacon, ham, or salmon (+\$2) | |
| CHANGE to crossaint +4 | |
|  PARX BIG BREAKFAST | 29 |
| 2 eggs cooked your way, bacon, chorizo, potato gems, avocado, haloumi, mushroom, spinach, tomato and sourdough toast | |
| MEZZE BOARD 🍄 | 60 |
| Made to share -Scrambled eggs, bacon, chorizo, potato gems, sujuk, haloumi, mushrooms, avocado, feta, olives, tomato, cucumber, labneh, za'atar oil and Turkish bread | |
| BACON AND EGG ROLL 🍄 | 14 |
| 2 fried eggs, bacon & BBQ sauce on a Turkish roll ADD Cheese 1 | |
| BREKKIE WRAP/BURGER 🍄 | 19 |
| Egg, bacon, chorizo, cheese, caramelized onion, aioli & BBQ sauce on a wrap or bun, served with potato gems | |
| OREGANO FOLD 🌿🍄 | 19 |
| Avocado, feta, mixed lettuce & tomato folded in a toasted za'atar roll served with olives ADD 2 Eggs 6 | |
|  EGGS ON TOAST 🌿 | 14 |
| 2 eggs cooked your way, served on sourdough toast ADD Bacon 5 ADD Chorizo 5 ADD Sujuk 5 | |


ALL DAY LUNCH

| | |
|---|----|
| PARX MIXED PLATE <i>(i'm new!)</i> | 29 |
| Lamb skewer and chicken skewer served with a side of Greek salad, pita bread and super crunch fries with tzatziki and a lemon wedge | |
| SOUTHERN FRIED CHICKEN BOWL 🌶️ | 27 |
| Southern fried chicken, brown rice, smashed avocado, slaw, cheese, tomato, pickles, jalapenos, grilled capsicum & onion drizzled with spicy chipotle sauce | |
| CHICKEN AVO MELT | 27 |
| Sourdough toast, topped with smashed avocado, grilled chicken and melted tasty cheese served with a side of sweet potato fries and Greek salad | |
| LAMB RICE BOWL 🍷 | 28 |
| 2 Lamb Skewers served with brown rice, feta, sauteed capsicum, Spanish onion, olives, spinach & sweet potato served with tzatziki *Well done – allow 15 mins cooking | |
| FISH AND CHIPS | 24 |
| 3 battered flathead fillets served with super crunch fries and side Greek salad, lemon wedge and tartare sauce | |
| CRUNCHY PRAWN TACOS <i>(i'm BACK!)</i> 🍷🌶️ | 24 |
| 3 Warm tortilla wraps filled with crunchy battered prawns, mixed cabbage salad and Mexican cheese with spicy chipotle sauce, served with a lemon wedge | |
|  FISH TACOS 🍷🌶️ | 24 |
| 3 Warm tortilla wraps filled with mixed cabbage, battered fish and a mango salsa topped with spicy chipotle sauce , served with a lemon wedge | |
| CHICKEN QUESADILLA <i>(i'm new!)</i> 🌶️ | 24 |
| 2 Toasted tortilla wraps filled with braised pulled chicken, Mexican cheese, grilled capsicum and onion, served with super crunch fries ADD Jalapenos 2 | |


WRAPPED & ROLLED

| | |
|---|----|
| All served with Super Crunch Fries Add Bacon Loaded Fries 3 | |
| HOT HONEY HALOUMI SANDWICH <i>(i'm new!)</i> 🌶️🍷 | 23 |
| Grilled hot honey haloumi, rocket, tomato, pesto and smashed avocado served on Turkish bread with super crunch fries | |
| LAMB WRAP | 26 |
| Sliced lamb, lettuce, feta, cucumber, tomato, Spanish onion, capsicum, & tzatziki *Well done – allow 15 mins cooking | |
| CRISPY CHICKEN WRAP 🌶️ | 25 |
| Southern fried chicken, avocado, tomato, cheese, lettuce & spicy chipotle sauce | |
| SCHNITZEL ROLL 🍄 | 26 |
| Chicken schnitzel, bacon, lettuce, tomato, Kewpie mayonnaise, and cheese on Turkish bread | |
| STEAK SANDWICH 🌶️ <i>(i'm new!)</i> | 26 |
| Sirloin cooked medium, rocket, bbq sauce, aioli, roasted capsicum, caramelized onions, American cheese and chimichurri on Turkish bread *Well done – allow 15 mins cooking | |

BURGERS

| | |
|---|----|
| All served with Super Crunch Fries Add Bacon Loaded Fries 3 | |
| GOURMET TRUFFLE CHEESEBURGER 🍄 | 25 |
| 2 House made smash patties, spicy sujuk, onion, Tasty cheese and truffle mayo in a milk bun ADD Bacon 2.5 | |
|  PARX SMASH BURGER 🍄 | 26 |
| 2 House made smash patties, bacon, lettuce, sliced tomatoes, onion, pickles, cheese, Aioli and BBQ sauce, in a milk bun ADD Fried Egg 3 | |
| SOUTHERN FRIED CHICKEN BURGER 🍄🌶️ | 25 |
| Southern fried chicken, slaw, American cheese & Parx spicy chipotle sauce in a milk bun ADD Bacon 2.5 | |
| GRILLED CHICKEN BURGER 🍄🌶️ | 25 |
| Grilled chicken, lettuce, cheese, jalapenos, onion, sliced tomato, with spicy chipotle sauce in a milk bun ADD Bacon 2.5 | |

SALADS

| | |
|--|----|
| PUMPKIN SALAD 🌿🍷🍷 | 18 |
| Grilled pumpkin, grilled zucchini, spinach, cauliflower, Spanish onion, feta cheese and almonds with a tangy balsamic honey dressing ADD Grilled Chicken 9 | |
|  GREEK SALAD 🌿🍷 | 18 |
| Oak lettuce, tomato, cucumber, feta, capsicum, Spanish onion, olives & balsamic honey dressing ADD Grilled Chicken 9 | |
| CRUNCHY NOODLE SALMON SALAD 🍄🍷 | 28 |
| Oak lettuce, cabbage, capsicum, onion, cucumber and fresh coriander leaves, topped with almonds, sesame seeds and fried noodles, with a sweet chili vinegar dressing. Served with crispy salmon fillet and lemon wedge | |
| QUINOA AND CHICKPEA SALAD <i>(i'm new!)</i> | 18 |
| Quinoa, chickpeas, parsley, coriander, mint, cucumber, capsicum, Spanish onion, tomatoes, avocado & a balsamic lemon dressing topped with feta ADD Chicken Skewer 5 ADD Lamb Skewer 6 | |

SIDES

| | |
|--|----|
| LABNEH FRIES 🌿🍄 | 15 |
| Fries topped with labneh and za'atar, served with a lemon wedge | |
| LOADED BACON GEMS | 15 |
| Potato gems topped with bacon bits & aioli | |
|  POTATO GEMS 🌿 | 12 |
| SWEET POTATO FRIES 🌿 | 12 |
| SUPER CRUNCH FRIES 🌿 | 10 |
| LOADED BACON SWEET POTATO FRIES | 15 |
| Sweet potato fries topped with bacon bits & aioli | |
| LOADED BACON SUPER CRUNCH FRIES | 15 |
| Super crunch fries topped with bacon bits & aioli | |

| ALLERGEN INFORMATION | | |
|---|--|---|
|  Vegetarian |  Spicy |  Gluten Free |
|  Contains Nuts |  Contains Shellfish |  Contains Sesame |

SOMETHING SWEET

| | |
|--|----|
| TIRAMISU CREPES <i>(i'm new!)</i> 🌿 | 20 |
| 3 crepes loaded with strawberries and vanilla cream, served with banana, strawberries, biscuit crumble, espresso syrup and vanilla ice-cream | |
| TIRAMISU PANCAKES <i>(i'm new!)</i> 🌿 | 22 |
| House made pancakes with vanilla cream, served with banana, strawberries, biscuit crumble, espresso syrup and vanilla ice-cream | |
| GRANOLA BOWL 🌿🍷 | 17 |
| Greek yoghurt topped with seasonal fruits, honey, and granola | |
| ACAI BOWL 🍷🍷🌿 | 18 |
| Frozen Acai blend finished with seasonal fruits, granola, coconut chips, superfoods, and honey ADD Peanut Butter 2 ADD Nutella 2 | |
|  PARX PANCAKES 🌿 | 22 |
| House-made pancakes, vanilla ice-cream & seasonal fruits served with your choice of maple syrup or Nutella | |
| LOADED BUENO COOKIE | 18 |
| Loaded bueno cookie drizzled with Belgian chocolate and cookie crumb served with vanilla ice-cream and seasonal fruits | |
| CRUNCHY FRENCH TOAST 🌿 | 22 |
| French toast coated with cinnamon-sugar and cornflakes served with vanilla ice-cream, berry coulis, maple syrup and seasonal fruits | |
| NUTELLA CREPES 🌿🍷 | 20 |
| 3 crepes loaded with Nutella, topped with seasonal fruits, chocolate crumble, Belgian chocolate, and vanilla ice-cream | |
|  WAFFLES 🌿 | 20 |
| 2 waffles served with Belgian chocolate, seasonal fruits, vanilla ice-cream and chocolate crumble | |
| AFFOGATTO 🌿🍷 | 8 |
| Vanilla ice-cream served with a double espresso, Belgian milk chocolate, and topped with pistachios. | |

EXTRAS

Slice of cheese | Sauces -Tomato, BBQ, Aioli | **(1)**
Truffle mayo, Spicy chipotle, Kewpie mayo **(2)**
Extra Bread | Grilled Tomato | Spinach | Feta |
Hollandaise | Vanilla Ice Cream - **(2)**
GF Toast | Egg - **(3)**
Avocado | Sauteed mushrooms - **(4)**
Ham | Haloumi | Chorizo | Bacon | Sujuk - **(5)**
Smash Pattie | **(5)**
Smoked Salmon - **(6)**
Chicken Schnitzel- **(10)**
Southern Fried Chicken | Grilled Chicken **(9)**
Salmon Fillet **(14)**
Steak - **(14)**
Lamb Skewer **(6)**
Chicken Skewer **(5)**