

CRUSHES

MANGO TANGO Mango, passionfruit and orange blended with ice	10
WATERMELON CRUSH Watermelon, mint, coconut water & sugar syrup, blended with ice	10
LYCHEE WATERMELON CRUSH Watermelon, lychee, mint & sugar syrup, blended with ice	10
LYCHEE PINEAPPLE CRUSH Pineapple, lychee, mint & sugar syrup, blended with ice	10

MILKSHAKES

-Chocolate	
- Vanilla	
-Caramel	
-Strawberry	
ALTERNATIVE MILK 1.50	

SPECIALTY MATCHA

ICED MANGO MATCHA Ice, Matcha powder, Mango compote & milk	10
ICED PISTACHIO MATCHA Ice, Matcha powder, Pistachio sauce & milk	10
ICED STRAWBERRY MATCHA Ice, Matcha powder, strawberry compote & milk	10
ICED MATCHA LATTE Ice, Matcha powder & milk	10

ICED DRINKS

PEACH ICED TEA PARX house made Peach iced tea, with lemon and mint	7
ICED LONG BLACK Ice, double espresso & cold water	7
ICED LATTE Ice, double espresso & milk	8
ADD Caramel, Vanilla or Hazelnut Syrup 1	
ICED CHAI LATTE Ice, chai powder & milk	8
ICED DIRTY CHAI LATTE Ice, chai powder, double espresso, & milk	8.5
ICED COFFEE Ice-Cream, double espresso & milk, topped with whipped cream	8.5
ICED CHOCOLATE Ice-cream, chocolate syrup, & milk, topped with whipped cream	8.5
ICED MOCHA Ice-cream, chocolate syrup, double espresso, & milk, topped with whipped cream	9
ICED TIRAMISU LATTE Ice, double espresso, milk, vanilla syrup topped with vanilla cold foam	10

FRESH JUICES

LEMON GINGER SHOT	4.50
FRESH FUSION Pineapple, apple, lemon, cucumber and ginger.	11
SOUR WARHEAD Pineapple, apple, lemon, strawberry	11
MEAN GREEN Apple, kale, mint, orange, lemon	11
TROPICAL Watermelon, orange, pineapple	11
CREATE YOUR OWN Your choice of 3 options: - Apple - Watermelon - Lemon - Pineapple - Orange - Carrot	12
EXTRAS 1 - Kale - Ginger - Mint	

SMOOTHIES

BANANA SMOOTHIE Banana, honey, milk & ice-cream	9
BERRY SMOOTHIE Berries, honey, milk & ice-cream	9
MANGO SMOOTHIE Mango, ice, milk & ice-cream	9
ALTERNATIVE MILK 1.50	

THICKSHAKES

OREO THICKSHAKE Oreos, milk & ice cream, blended, topped with whipped cream	10
NUTELLA THICKSHAKE Nutella, milk & ice cream, blended, topped with whipped cream	10
ALTERNATIVE MILK 1.50	

PROTEIN SHAKES

PARX PROTEIN 1 Scoop of caramel protein, honey, with your choice of water or milk, blended with ice	9
PB BANANA PROTEIN 1 Scoop of vanilla protein, Peanut butter, Banana with your choice of water or milk, blended with ice	9
ADD Extra Scoop of Protein 3	
ALTERNATIVE MILK 1.50	

SOFT DRINKS

Coke	4.5
Coke Zero	4.5
Sprite	4.5
Lemon, Lime & Bitters	6

MINERAL WATER

Still	4
Sparkling	4.7

HOT DRINKS

- Latte	Sml	Reg	Lrg
- Cappuccino	4.5	5.0	5.5
- Flat White			
- Long Black			
- Hot Chocolate			
- Chai Latte			
- Mocha	Sml	Reg	Lrg
- Dirty Chai	5.0	5.5	6.0
- Nutella Hot Chocolate			
Espresso			3.5
Macchiato			3.7
Piccolo			3.9
TEA			4.5
- Earl Grey			
- Green			
- English Breakfast			
-Peppermint			
-Chamomile			
BELGIAN HOT CHOCOLATE	Sml	Reg	Lrg
- Milk	5.2	5.5	6.0
- White			

SPECIALTY MOCHA

- Belgian Milk Chocolate	Sml	Reg	Lrg
- Belgian White Chocolate	5.5	6.0	6.5
- Nutella			

SPECIALTY LATTES

- Matcha	Sml	Reg	Lrg
- Turmeric	4.5	4.8	5.1

EXTRAS

- Extra Shot	0.7
- Decaf	
-Honey	

ALTERNATIVE MILK

- Oat	1
- Soy	
- Almond	
- Lactose Free	



Trading Hours

Monday to Friday 6:15am – 4pm

Saturday to Sunday 7:30am – 3pm

Kitchen closes 30 minutes earlier

ABBOTSBURY

Shop 2 / 60 – 68 Stockdale Crescent
Abbotsbury NSW 2176
9610 7279

PRESTONS

Shop 2, Prestons Shopping Village,
Wroxbam Street, Prestons NSW 2170
9608 3315

GREGORY HILLS

Shop 11 / 7 Gregory Hills Drive
Gledswood Hills NSW 2557
4647 1060

CRANEBROOK


















Shop 1a / 13 Renshaw Street
Cranebrook NSW 2749
4751 4730

While we try to outline allergen items in our dishes
menu items may contain or come in contact with WHEAT, EGGS, PEANUTS,
TREE NUTS, and MILK.













*GLUTEN FREE BREAD OPTION AVAILABLE | *NO SPLIT BILLS | *NO BOOKINGS

www.parxcoffeehouse.com.au




ALL DAY BREAKFAST

CHILLI EGGS <i>(I'm new!)</i> 	24
Sourdough toast topped with scrambled chilli eggs, sujuk, coriander, chilli oil and parmesan cheese topped with crunchy fried onions	
FLATBREAD SPREAD <i>(I'm BACK!)</i> 	24
Pita bread with ajvar, labneh, fresh spinach, Spanish onion and sujuk topped with 2 fried eggs, feta and sesame seeds	
OMELETTE  	21
Sliced ham and shredded cheese in a folded omelette, topped with za'atar, served with sourdough toast OR Sautéed mushrooms, onion and spinach topped with feta and za'atar, served with sourdough toast	
 ADD Sujuk 5 ADD Chorizo 5 ADD Bacon 5 ADD Mushroom 4	
TURKISH EGGS  	21
2 poached eggs, Turkish bread, haloumi, cucumber, labneh, grilled tomato, onion & capsicum drizzled with chilli oil ADD Chorizo 5 ADD Bacon 5	
SMASHED AVO  	22
Sourdough toast topped with smashed avocado, 2 poached eggs, Danish feta, cherry tomatoes & za'atar ADD Bacon 5 ADD Sujuk 5 ADD Chorizo 5 ADD Smoked Salmon 6	
EGGS BENEDICT	22
Sourdough toast, 2 poached eggs, sautéed spinach and mushroom, hollandaise sauce served with your choice of bacon, ham, or salmon (+\$2)	
CHANGE to crossaint +4	
 PARX BIG BREAKFAST	28
2 eggs cooked your way, bacon, chorizo, potato gems, avocado, haloumi, mushrooms, spinach, tomato and sourdough toast	
MEZZE BOARD 	60
Made to share –Scrambled eggs, bacon, chorizo, potato gems, sujuk, haloumi, mushrooms, avocado, feta, olives, tomato, cucumber, labneh, za'atar oil and Turkish bread	
BACON AND EGG ROLL 	14
2 fried eggs, bacon & BBQ sauce on a Turkish roll ADD Cheese 1	
BREKKIE WRAP/BURGER 	19
Egg, bacon, chorizo, cheese, caramelized onion, aioli & BBQ sauce on a wrap or bun, served with potato gems	
OREGANO FOLD  	19
Avocado, feta, mixed lettuce & tomato folded in a toasted za'atar roll served with olives ADD 2 Eggs 6	
 EGGS ON TOAST 	13
2 eggs cooked your way, served on sourdough toast ADD Bacon 5 ADD Chorizo 5 ADD Sujuk 5	

ALL DAY LUNCH

PARX MIXED PLATE <i>(I'm new!)</i>	29
Lamb skewer and chicken skewer served with a side of Greek salad, pita bread and super crunch fries with tzatziki and a lemon wedge	
SOUTHERN FRIED CHICKEN BOWL 	27
Southern fried chicken, brown rice, smashed avocado, slaw, cheese, tomato, pickles, jalapenos, grilled capsicum & onion drizzled with spicy chipotle sauce	
CHICKEN AVO MELT	27
Sourdough toast, topped with smashed avocado, grilled chicken and melted tasty cheese served with a side of sweet potato fries and Greek salad	
MEDITERRANEAN LAMB 	30
Lamb cooked medium rare*, brown rice, feta, sauteed capsicum, Spanish onion, olives, spinach & sweet potato served with tzatziki *Well done – allow 15 mins cooking	
FISH AND CHIPS	22
3 battered flathead filets served with super crunch fries and side Greek salad, lemon wedge and tartare sauce	
CRUNCHY PRAWN TACOS <i>(I'm BACK!)</i>  	24
3 Warm tortilla wraps filled with crunchy battered prawns, mixed cabbage salad and Mexican cheese with spicy chipotle sauce, served with a lemon wedge	
 FISH TACOS 	24
3 Warm tortilla wraps filled with mixed cabbage, battered fish and a mango salsa topped with spicy chipotle sauce , served with a lemon wedge	
CHICKEN QUESADILLA <i>(I'm new!)</i> 	24
2 Toasted tortilla wraps filled with braised pulled chicken, Mexican cheese, grilled capsicum and onion, served with super crunch fries ADD Jalapenos 2	
WRAPPED & ROLLED	
All served with Super Crunch Fries Add Bacon Loaded Fries 3	
HOT HONEY HALOUMI SANDWICH <i>(I'm new!)</i> 	23
Grilled hot honey haloumi, rocket, tomato, pesto and smashed avocado served on Turkish bread with super crunch fries	
LAMB WRAP	26
Sliced lamb cooked medium rare*, lettuce , feta, cucumber, tomato, spanish onion, capsicum, & tzatziki *Well done – allow 15 mins cooking	
FALAFEL WRAP   	20
Falafel, lettuce, tomato, onion and cucumber salsa, mint, pickles and chili tahini sauce	
CRISPY CHICKEN WRAP 	24
Southern fried chicken, avocado, tomato, cheese, lettuce & spicy chipotle sauce	
SCHNITZEL ROLL 	26
Chicken schnitzel, bacon, lettuce, tomato, Kewpie mayonnaise, and cheese on Turkish bread	
STEAK SANDWICH  <i>(I'm new!)</i>	26
Sirloin cooked medium, rocket, bbq sauce, aioli, roasted capsicum, caramelized onions, American cheese and chimichurri on Turkish bread *Well done – allow 15 mins cooking	

BURGERS

All served with Super Crunch Fries		
Add Bacon Loaded Fries 3		
GOURMET TRUFFLE CHEESEBURGER 🍷	25	
2 House made smash patties, spicy sujuk, onion, Tasty cheese and truffle mayo in a milk bun		
Add Bacon 2.5		
	PARX SMASH BURGER 🍷	26
2 House made smash patties, bacon, lettuce, sliced tomatoes, onion, pickles, cheese, Aioli and BBQ sauce, in a milk bun		
Add Fried Egg 3		
SOUTHERN FRIED CHICKEN BURGER 🍷🌶️	25	
Southern fried chicken, slaw, American cheese & Parx spicy chipotle sauce in a milk bun		
Add Bacon 2.5		
GRILLED CHICKEN BURGER 🍷🌶️	25	
Grilled chicken, lettuce, cheese, jalapenos, onion, sliced tomato, with spicy chipotle sauce in a milk bun		
Add Bacon 2.5		
SALADS		
PUMPKIN SALAD 🌿🍷🥚	18	
Grilled pumpkin, grilled zucchini, spinach, cauliflower, Spanish onion, feta cheese and almonds with a tangy balsamic honey dressing		
Add Grilled Chicken 9		
	GREEK SALAD 🌿🥚	18
Oak lettuce, tomato, cucumber, feta, capsicum, Spanish onion, olives & balsamic honey dressing		
Add Grilled Chicken 9		
CRUNCHY NOODLE SALMON SALAD 🍷🥚	28	
Oak lettuce, cabbage, capsicum, onion, cucumber and fresh coriander leaves, topped with almonds, sesame seeds and fried noodles, with a sweet chilli vinegar dressing. Served with crispy salmon fillet and lemon wedge		
QUINOA AND CHICKPEA SALAD (I'm new!)	18	
Quinoa, chickpeas, parsley, coriander, mint, cucumber, capsicum, Spanish onion, tomatoes, avocado & a balsamic lemon dressing topped with feta		
Add Chicken Skewer 5 Add Lamb Skewer 6		
SIDES		
LABNEH FRIES 🌿🍷	15	
Fries topped with labneh and za'atar, served with a lemon wedge		
LOADED BACON GEMS	15	
Potato gems topped with bacon bits & aioli		
	POTATO GEMS 🌿	12
	SWEET POTATO FRIES 🌿	12
	SUPER CRUNCH FRIES 🌿	10
LOADED BACON SWEET POTATO FRIES	15	
Sweet potato fries topped with bacon bits & aioli		
LOADED BACON SUPER CRUNCH FRIES	15	
Super crunch fries topped with bacon bits & aioli		
ALLERGEN INFORMATION		
🌿 Vegetarian		
🌶️ Spicy		
🥚 Gluten Free		
🍷 Contains Nuts		
🍷 Contains Shellfish		
🍷 Contains Sesame		

SOMETHING SWEET

TIRAMISU CREPES <i>(I'm new!)</i> 	20
3 crepes loaded with strawberries and vanilla cream, served with banana, strawberries, biscuit crumble, espresso syrup and vanilla ice-cream	
TIRAMISU PANCAKES <i>(I'm new!)</i> 	22
House made pancakes with vanilla cream, served with banana, strawberries, biscuit crumble, espresso syrup and vanilla ice-cream	
GRANOLA BOWL  	17
Greek yoghurt topped with seasonal fruits, honey, and granola	
ACAI BOWL   	18
Frozen Acai blend finished with seasonal fruits, granola, coconut chips, superfoods, and honey ADD Peanut Butter 2 ADD Nutella 2	
 PARX PANCAKES 	22
House-made pancakes, vanilla ice-cream & seasonal fruits served with your choice of maple syrup or Nutella	
RICOTTA PANCAKES 	22
House-made pancakes, ricotta cheese, berry coulis, maple syrup & seasonal toast	
CRUNCHY FRENCH TOAST 	22
French toast coated with cinnamon-sugar and cornflakes served with vanilla ice-cream, berry coulis, maple syrup and seasonal fruits	
NUTELLA CREPES  	20
3 crepes loaded with Nutella, topped with seasonal fruits, chocolate crumble, Belgian chocolate, and vanilla ice-cream	
 WAFFLES 	20
2 waffles served with Belgian chocolate, seasonal fruits, vanilla ice-cream and chocolate crumble	
AFFOGATTO  	8
Vanilla ice-cream served with a double espresso, Belgian milk chocolate, and topped with pistachios.	
EXTRAS	
Slice of cheese Sauces –Tomato, BBQ, Aioli (1)	
Truffle mayo, Spicy chipotle, Kewpie mayo (2)	
Extra Bread Grilled Tomato Spinach Feta Hollandaise Vanilla Ice Cream - (2)	
GF Toast Egg - (3)	
Avocado Sautéed mushrooms - (4)	
Ham Haloumi Chorizo Bacon Sujuk - (5)	
Smash Pattie (5) Falafel	
Smoked Salmon - (6)	
Chicken Schnitzel- (10)	
Southern Fried Chicken Grilled Chicken (9)	
Salmon Fillet (14)	
Steak - (14)	
Lamb Fillet - (15)	
Lamb Skewer (6)	
Chicken Skewer (5)	