

CRUSHES

MANGO TANGO Mango, passionfruit and orange blended with ice	10
WATERMELON CRUSH Watermelon, mint, coconut water & sugar syrup, blended with ice	10
LYCHEE PINEAPPLE CRUSH Pineapple, lychees, mint & sugar syrup, blended with ice	10
LYCHEE WATERMELON CRUSH Watermelon, lychees, mint & sugar syrup, blended with ice	10

THICKSHAKES

OREO THICKSHAKE Oreos, milk & ice cream, blended, topped with whipped cream	10
NUTELLA THICKSHAKE Nutella, milk & ice cream, blended, topped with whipped cream	10
BISCOFF THICKSHAKE Biscoff, milk & ice cream, blended, topped with whipped cream	10

ICED DRINKS

PEACH ICED TEA PARX house made Peach iced tea, with lemon and mint	7
ICED MATCHA FRAPPE Ice-cream, matcha powder & milk, blended & topped with whipped cream	9
ICED STRAWBERRY MATCHA Ice, matcha powder, strawberry compote & milk	9
ICED MATCHA LATTE Ice, matcha powder & milk	9
ICED LONG BLACK Ice, double espresso & cold water	7
ICED LATTE Ice, double espresso & milk ADD Caramel, Vanilla or Hazelnut Syrup 1	8
ICED CHAI LATTE Ice, chai powder & milk	8.5
ICED DIRTY CHAI LATTE Ice, chai powder, double espresso, & milk	8.5
ICED COFFEE Ice-Cream, double espresso & milk, topped with whipped cream	8.5
ICED CHOCOLATE Ice-cream, chocolate syrup, & milk, topped with whipped cream	9
ICED MOCHA Ice-cream, chocolate syrup, double espresso, & milk, topped with whipped cream	9

FRESH JUICES

LEMON GINGER SHOT	4.50
FRESH FUSION Pineapple, apple, lemon, cucumber and ginger.	11
SOUR WARHEAD Pineapple, apple, lemon, strawberry	11
MEAN GREEN Apple, kale, mint, orange, lemon	11
TROPICAL Watermelon, orange, pineapple	11
CREATE YOUR OWN Your choice of 3 options: - Apple - Watermelon - Lemon - Pineapple - Orange - Carrot	12
EXTRAS 1 - Kale - Ginger - Mint	

SMOOTHIES

BANANA SMOOTHIE Banana, honey, milk & ice-cream	9
BERRY SMOOTHIE Berries, honey, milk & ice-cream ALTERNATIVE MILK 1.50	9
MILKSHAKES -Chocolate - Vanilla -Caramel -Strawberry ALTERNATIVE MILK 1.50	8

PROTEIN SHAKES

PARX PROTEIN 1 Scoop of caramel protein, honey, with your choice of water or milk, blended with ice	9
PB BANANA PROTEIN 1 Scoop of vanilla protein, Peanut butter, Banana with your choice of water or milk, blended with ice	9
PARX CRACKA PROTEIN 1 Scoop of vanilla protein powder, honey, granola, coconut water and mixed berries, blended with ice.	9
ADD Extra Scoop of Protein 2 ALTERNATIVE MILK 1.50	

SOFT DRINKS

Coke	4.5
Coke Zero	4.5
Sprite	4.5
Lemon, Lime & Bitters	6
MINERAL WATER	
Still	4
Sparkling	4.7

HOT DRINKS

- Latte - Cappuccino - Flat White - Long Black - Hot Chocolate - Chai Latte	Sml 4.5	Reg 5.0	Lrg 5.5
- Mocha - Dirty Chai - Nutella Hot Chocolate - Biscoff Hot chocolate	Sml 5.0	Reg 5.5	Lrg 6.0
Espresso			3.5
Macchiato			3.7
Piccolo			3.9
			4.5

TEA

- Earl Grey - Green - English Breakfast -Peppermint -Chamomile			
BELGIAN HOT CHOCOLATE - Milk - White	Sml 5.2	Reg 5.5	Lrg 6.0
SPECIALTY MOCHA - Belgian Milk Chocolate - Belgian White Chocolate - Nutella - Biscoff latte	Sml 5.5	Reg 6.0	Lrg 6.5
SPECIALTY LATTES - Matcha - Turmeric	Sml 4.5	Reg 4.8	Lrg 5.1

EXTRAS

- Extra Shot - Decaf -Honey	- Vanilla Syrup - Caramel Syrup - Hazelnut Syrup	0.7
ALTERNATIVE MILK - Oat - Soy	- Almond - Lactose Free	1



Trading Hours

Monday to Friday 6:15am – 4pm

Saturday to Sunday 7:30am – 3pm

Kitchen closes 30 minutes earlier

ABBOTSBURY

Shop 2 / 60 – 68 Stockdale Crescent
Abbotsbury NSW 2176
9610 7279

PRESTONS

Shop 2, Prestons Shopping Village,
Wroxham Street, Prestons NSW 2170
9608 3315

GREGORY HILLS

Shop 11 / 7 Gregory Hills Drive
Gledswood Hills NSW 2557
4647 1060

CRANE BROOK




Shop 1a / 13 Renshaw Street
Cranebrook NSW 2749
4751 4730

While we try to outline allergen items in our dishes menu items may contain or come in contact with WHEAT, EGGS, PEANUTS, TREE NUTS, and MILK.

*GLUTEN FREE BREAD OPTION AVAILABLE | *NO SPLIT BILLS | *NO BOOKINGS

www.parxcoffeehouse.com.au



ALL DAY BREAKFAST

HOTPOT 🌶️🍄🍷 (i'm back!)	20
Capsicum, onion and jalapeno slow cooked in a rich tomato sugo with garlic and herbs, topped with 2 poached eggs, tomato cucumber onion salsa with feta and a side of toasted sourdough bread	
ADD Sujuk 5 ADD Chorizo 5 ADD Mushrooms 4	
SMASHING POTATOES 🍄🍷🥔 (i'm back!)	22
Moroccan spiced sweet potato mash with haloumi, avocado, labneh, bacon, 2 poached eggs and fried chili kale	
OMELETTE 🌿🍄	21
Sliced ham and shredded cheese in a folded omelette, topped with za'atar, served with sourdough toast	
OR	
Sauteed mushrooms, onion and spinach topped with feta and za'atar, served with sourdough toast	
 ADD Sujuk 5 ADD Chorizo 5 ADD Bacon 5 ADD Mushroom 4	
TURKISH EGGS 🌿🍷🍅	20
2 poached eggs, Turkish bread, haloumi, cucumber, labneh, grilled tomato, onion & capsicum drizzled with chilli oil	
ADD Chorizo 5 ADD Bacon 5	
SMASHED AVO 🌿🍄	22
Sourdough toast topped with smashed avocado, 2 poached eggs, Danish feta, cherry tomatoes & za'atar	
ADD Bacon 5 ADD Sujuk 5 ADD Chorizo 5 ADD Smoked Salmon 6	
EGGS BENEDICT	21
Sourdough toast, 2 poached eggs, sautéed spinach and mushroom, hollandaise sauce served with your choice of bacon, ham, or salmon (+\$2)	
 PARX BIG BREAKFAST	28
2 eggs cooked your way, bacon, chorizo, potato gems, avocado, haloumi, mushroom, spinach, tomato and sourdough toast	
MEZZE BOARD 🍴	60
Made to share -Scrambled eggs, bacon, chorizo, potato gems, sujuk, haloumi, mushrooms, avocado, feta, olives, tomato, cucumber, labneh, za'atar oil and Turkish bread	
BACON AND EGG ROLL 🍴	14
2 fried eggs, bacon & BBQ sauce on a Turkish roll	
ADD Cheese 1	
BREKKIE WRAP/BURGER 🍴	18
Egg, bacon, chorizo, cheese, caramelized onion, aioli & BBQ sauce on a wrap or bun, served with potato gems	
OREGANO FOLD 🌿🍄	19
Avocado, feta ,lettuce & tomato folded in a toasted za'atar roll served with olives	
ADD 2 Eggs 6	
 EGGS ON TOAST 🌿	13
2 eggs cooked your way, served on sourdough toast	
ADD Bacon 5 ADD Chorizo 5 ADD Sujuk 5	
WILD MUSHROOM SMASHED ARANCINI 🌿	23
2 wild mushroom smashed arancini with parmesan cheese, served with sautéed mushrooms, 2 poached eggs and pesto	


ALL DAY LUNCH

SALMON BOWL (i'm back!)	30
Cajun spiced salmon fillet served with couscous, cauliflower, haloumi, onion, mushrooms, cherry tomatoes and zucchini, served with a lemon wedge	
SOUTHERN FRIED CHICKEN BOWL 🍷	27
Southern fried chicken, brown rice, smashed avocado, slaw, cheese, tomato, pickles, jalapenos, grilled capsicum & onion drizzled with spicy chipotle sauce	
CHICKEN AVO MELT	27
Sourdough toast, topped with smashed avocado, grilled chicken and melted tasty cheese served with a side of sweet potato fries and Greek salad	
MEDITERRANEAN LAMB 🍷	30
Lamb cooked medium rare*, brown rice, feta, sauteed capsicum, Spanish onion, olives, spinach & sweet potato served with tzatziki	
*Well done - allow 15 mins cooking	
FISH AND CHIPS	22
3 battered flathead fillets served with super crunch fries and side Greek salad, lemon wedge and tartare sauce	
 FISH TACOS 🍷🍷	24
3 Warm tortilla wraps filled with mixed cabbage, battered fish and a mango salsa topped with spicy chipotle sauce , served with a lemon wedge	
CHICKEN QUESADILLA (i'm new!) 🍷	24
2 Toasted tortilla wraps filled with braised pulled chicken, Mexican cheese, grilled capsicum and onion, served with super crunch fries	
BEEF QUESADILLA (i'm new!) 🍷	24
2 Toasted tortilla wraps filled with smashed beef pattie, American cheese, caramelized onions , pickles truffle mayo and BBQ Sauce served with super crunch fries	
CLASSIC B.L.A.T	16
Sourdough grilled with crispy bacon, lettuce, avocado cheese and tomato	
SUJUK MELT	16
Sourdough grilled with sujuk, cheese, mushrooms, onion ,spinach and pesto	
WRAPPED & ROLLED	
All served with Super Crunch Fries	
Add Bacon Loaded Fries 3	
LAMB WRAP	25
Sliced lamb cooked medium rare*, lettuce , feta, cucumber, tomato, spanish onion, capsicum, & tzatziki	
*Well done - allow 15 mins cooking	
FALAFEL WRAP 🌿🍄🍷	20
Falafel, lettuce, tomato, onion and cucumber salsa, mint, pickles and chili tahini sauce	
CRISPY CHICKEN WRAP 🍷	24
Southern fried chicken, avocado, tomato, cheese, lettuce & spicy chipotle sauce	
SCHNITZEL ROLL 🍴	25
Chicken schnitzel, bacon, lettuce, tomato, Kewpie mayonnaise, and cheese on Turkish bread	
 CHICKEN BURRITO 🍷 (i'm new!)	24
Braised pulled chicken, Mexican cheese, slaw, rice, tomato, cucumber and onion salsa with spicy chipotle sauce, served with super crunch fries	
ADD Jalapenos 2 ADD Smashed avocado 2	
STEAK SANDWICH 🍷 (i'm new!)	26
Sirloin cooked medium, rocket, bbq sauce, aioli, roasted capsicum, caramelized onions, American cheese and chimichurri on Turkish bread	
*Well done - allow 15 mins cooking	



BURGERS

All served with Super Crunch Fries	
Add Bacon Loaded Fries 3	
GOURMET TRUFFLE CHEESEBURGER 🍴	25
2 House made smash patties, spicy sujuk, onion, Tasty cheese and truffle mayo in a milk bun	
ADD Bacon 2.5	
 PARX SMASH BURGER 🍴	26
2 House made smash patties, bacon, lettuce, sliced tomatoes, onion, pickles, cheese, Aioli and BBQ sauce, in a milk bun	
ADD Fried Egg 3	
SOUTHERN FRIED CHICKEN BURGER 🍴🍷	25
Southern fried chicken, slaw, American cheese & spicy chipotle sauce in a milk bun	
ADD Bacon 2.5	
GRILLED CHICKEN BURGER 🍴🍷	25
Grilled chicken, lettuce, cheese, jalapenos, onion, sliced tomato, spicy chipotle sauce in a milk bun	
ADD Bacon 2.5	
SALADS	
PUMPKIN SALAD 🌿🍄🍷	18
Grilled pumpkin, grilled zucchini, spinach, cauliflower, Spanish onion, feta cheese and almonds with a tangy balsamic honey dressing	
ADD Grilled Chicken 6	
 GREEK SALAD 🌿🍷	18
Oak lettuce, tomato, cucumber, feta, capsicum, Spanish onion, olives & balsamic honey dressing	
ADD Grilled Chicken 6	
CRUNCHY NOODLE SALAD 🍴 (i'm new!)	18
Oak lettuce, cabbage, capsicum, onion, cucumber and fresh coriander leaves, topped with almonds, sesame seeds and fried noodles, with a sweet chili vinegar dressing	
ADD Grilled Chicken 6	

SIDES

LABNEH FRIES 🌿🍴	15
Fries topped with labneh and za'atar, served with a lemon wedge	
LOADED BACON GEMS	15
Potato gems topped with bacon bits & aioli	
 POTATO GEMS 🌿	12
SWEET POTATO FRIES 🌿	12
SUPER CRUNCH FRIES 🌿	10
LOADED BACON SWEET POTATO FRIES	15
Sweet potato fries topped with bacon bits & aioli	
LOADED BACON SUPER CRUNCH FRIES	15
Super crunch fries topped with bacon bits & aioli	

SOMETHING SWEET

DUBAI CHOCOLATE CREPES 🌿🍷	22
3 crepes loaded with Kataifi filling, white Belgian chocolate, pistachio glaze, topped with seasonal fruit and vanilla ice-cream	
LOTUS BISCOFF FRENCH TOAST 🌿	22
French toast coated with cinnamon-sugar and cornflakes, served with vanilla ice-cream, Biscoff and seasonal fruits	
ACAI BOWL 🍷🍷🌿	18
Frozen Acai blend finished with seasonal fruits, granola, coconut chips, superfoods, and honey	
ADD Peanut Butter 2 ADD Nutella 2 ADD Biscoff 2	
GRANOLA BOWL 🍷🍷🌿	17
Greek yoghurt topped with seasonal fruits, honey, and granola	
 PARX PANCAKES 🌿	22
House-made pancakes, vanilla ice-cream & seasonal fruits served with your choice of maple syrup, Biscoff or Nutella	
RICOTTA PANCAKES 🌿	22
House-made pancakes, ricotta cheese, berry coulis, maple syrup & seasonal fruits	
CRUNCHY FRENCH TOAST 🌿	22
French toast coated with cinnamon-sugar and cornflakes served with vanilla ice-cream, berry coulis, maple syrup and seasonal fruits	
NUTELLA CREPES 🌿🍷	20
3 crepes loaded with Nutella, topped with seasonal fruits, chocolate crumble, Belgian chocolate, and vanilla ice-cream	
 WAFFLES 🌿	20
2 waffles served with Belgian chocolate, seasonal fruits, vanilla ice-cream and chocolate crumble	
AFFOGATTO 🌿🍷	8
Vanilla ice-cream served with a double espresso, Belgian milk chocolate, and topped with pistachios	

EXTRAS

Slice of cheese Sauces –Tomato, BBQ, Aioli (1)	
Truffle mayo, Spicy chipotle, Kewpie mayo, Truffle chilli mayo (2)	
Extra Bread Grilled Tomato Spinach Feta Hollandaise Vanilla Ice Cream - (2)	
GF Toast- (3)	
Avocado Sautéed mushrooms - (4)	
Egg -(3)	
Ham Haloumi Chorizo Bacon Sujuk - (5)	
Smash Pattie (5) Falafel Southern Fried Chicken Smoked Salmon Grilled Chicken - (6)	
Chicken Schnitzel- (8)	
Steak - (14)	
Salmon Fillet - (14)	
Lamb - (15)	

ALLERGEN INFORMATION

 Vegetarian	 Spicy	 Gluten Free
 Contains Nuts	 Contains Shellfish	 Contains Sesame