MANGO TANGO Mango, passionfruit and orange blended with ice	8.5
WATERMELON CRUSH	8.5
Watermelon, mint, coconut water & sugar syrup, blended with ice	0.5
LYCHEE PINEAPPLE CRUSH Pineapple, lychees, mint & sugar syrup, blended with ice	8.5
LYCHEE WATERMELON CRUSH	8.5
Watermelon, lychees, mint & sugar syrup, blended with ice	
THICKSHAKES	
ACAI THICKSHAKE ACAI, berries, coconut water, blended, topped with granola & fruit	12
OREO THICKSHAKE Oreos, milk & ice cream, blended, topped with whipped cream	9
NUTELLA THICKSHAKE Nutella, milk & ice cream, blended, topped with whipped cream	9
BISCOFF THICKSHAKE Biscoff, milk & ice cream, blended, topped with whipped cream	9
MILKSHAKES_	7
-Chocolate -Vanilla -Caramel -Strawberry	·
ICED DRINKS	
PEACH ICED TEA PARX house made Peach iced tea, with lemon and mint	6
ICED LONG BLACK Ice, double espresso & cold water	7
ICED LATTE Ice, double espresso & milk ADD Caramel, Vanilla or Hazelnut Syrup 1	8
ICED CHAI LATTE Ice, chai powder & milk	8
ICED DIRTY CHAI LATTE	8.5
Ice, chai powder, double espresso, & milk ICED MATCHA LATTE	8
Ice, matcha powder & milk	8.5
ICED COFFEE Ice-Cream, double espresso & milk, topped with whipped cream	0.5
ICED CHOCOLATE Ice-cream, chocolate syrup, & milk, topped with whipped cream	8.5
ICED MOCHA Ice-cream, chocolate syrup, double espresso, & milk, topped with whipped cream	9
ICED MATCHA FRAPPE Ice-cream, matcha powder & milk, blended & topped with whipped cream	9
FRESH JUICES	
LEMON GINGER SHOT FRESH FUSION	4.50
Pineapple, apple, lemon, cucumber and ginger.	9
SOUR WARHEAD Pineapple, apple, lemon, strawberry	8
MEAN GREEN Apple, kale, mint, orange, lemon	8
TROPICAL Watermelon, orange, pineapple	8
CREATE YOUR OWN	8.5
Your choice of 3 options: - Apple - Watermelon - Lemon - Pineapple - Orange - Carrot	
EXTRAS 1 - Kale - Ginger	

<u>SMOOTHIES</u>			
BANANA SMOOTHIE Banana, honey, milk & ice-cream			
BERRY SMOOTHIE Berries, honey, milk & ice-cream			
PROTEIN SHAKES			
PARX PROTEIN 1 Scoop of caramel protein, granola, ca honey, with your choice of water or milk with ice	ramel syru k, blended	ıp,	
ADD Extra Scoop of Protein 2			
PARX PROTEIN OF THE DAY Ask our friendly staff for the protein flav day! Scoop of protein, granola, honey, v choice of water or milk, blended with ion ADD Extra Scoop of Protein 2	our of the vith your e		
PARX CRACKA PROTEIN 1 Scoop of vanilla protein powder, hone granola, coconut water and mixed berr blended with ice.	y, ries,		
ADD Extra Scoop of Protein 2			
SOFT DRINKS			
Coke			
Coke Zero			
Sprite Lemon, Lime & Bitters			
MINERAL WATER			
Still			
Sparkling			
HOT DRINKS			
- Latte - Cappuccino - Flat White - Long Black - Hot Chocolate - Chal Latte	Sml 4.0	Reg 4.2	
- Mocha - Dirty Chai - Nutella Hot Chocolate	Sml 4.5	Reg 4.9	
Espresso Macchiato Piccolo			
TEA - English Breakfast - Peppermint - Earl Grey - Chamomile			
BELGIAN HOT CHOCOLATE - Milk - White	Sml 4.7	Reg 4.9	
SPECIALTY MOCHA - Belgian Milk Chocolate - Belgian White Chocolate - Nutella - Biscoff latte	Sml 5.0	Reg 5.5	
SPECIALTY LATTES - Matcha - Turmeric	Sml 4.2	Reg 4.4	
EXTRAS - Extra Shot - Decaf - Caramel Syrup - Hazelnut Sýrup			
DAIRY FREE MILK - Oat - Almond - Soy - Lactose Free			



Trading Hours

Monday to Friday 6:15am - 4pm

Saturday to Sunday 7:30am - 3pm

Kitchen closes 30 minutes earlier

ABBOTSBURY

Shop 2 / 60 - 68 Stockdale Crescent Abbotsbury NSW 2176 9610 7279

PRESTONS

Shop 2, Prestons Shopping Village, Wroxham Street, Prestons NSW 2170 9608 3315

GREGORY HILLS

Shop 11 / 7 Gregory Hills Drive Gledswood Hills NSW 2557 4647 1060

CRANEBROOK

Shop 1a / 13 Renshaw Street Cranebrook NSW 2749 4751 4730

While we try to outline allergen items in our dishes menu items may contain or come in contact with WHEAT, EGGS, PEANUTS, TREE NUTS, and MILK.

*GLUTEN FREE BREAD OPTION AVAILABLE | *NO SPLIT BILLS | *NO BOOKINGS

www.parxcoffeehouse.com.au

ALL DAY BREAKFAST HOTPOT # 18 /	19
Capsicum, onion and jalapeno slow cooked in a rich tomato sugo with garlic and herbs, topped with 2 poached eggs, tomato and onion salsa with feta and a side of toasted sourdough bread ADD Sujuk 5 ADD Chorizo 5 ADD Mushrooms 4	
SMASHING POTATOES Moroccan spiced sweet potato mash with haloumi, avocado, labneh, bacon, 2 poached eggs and fried chili kale	22
FLATBREAD SPREAD Pita bread with ajvar, labneh, fresh spinach, Spanish onion and sujuk topped with 2 fried eggs, feta and sesame seeds	20
VEGGIE STACK Crumbed eggplant, grilled zucchini, grilled sweet potato, grilled capsicum and haloumi, stacked and topped with chilli kale, pesto and feta cheese ADD 2 Eggs 5 ADD Smoked Salmon 6 ADD Grilled Chicken 6	19
MUSHROOM, SPINACH & FETA OMELETTE Sautéed mushroom, onion and spinach, topped with feta and za'atar, served with toasted sourdough ADD Sujuk 5 ADD Chorizo 5 ADD Recent 5	19
HAM AND CHEESE OMELETTE Sliced ham and shredded cheese in a folded omelette served with sourdough toast, topped with za'atar	19
ADD Mushroom 4 TURKISH EGGS	19
SMASHED AVO Sourdough toast topped with smashed avocado, 2 poached eggs, Danish feta, cherry tomatoes & za'atar ADD Bacon 5 ADD Chorizo 5 ADD Sujuk 5 ADD Smoked Salmon 6	22
EGGS BENEDICT Sourdough toast, 2 poached eggs, sautéed spinach and mushroom, hollandaise sauce served with your choice of bacon, ham, or salmon (+\$2)	20
PARX BIG BREAKFAST 2 eggs cooked your way, bacon, chorizo, potato gems, avocado, haloumi, mushroom, spinach, tomato and sourdough toast	28
MEZZE BOARD Made to share -Scrambled eggs, bacon, chorizo, potato gems, sujuk, haloumi, mushrooms, avocado, feta, olives, tomato, cucumber, labneh, za'atar oil and Turkish bread	55
BACON AND EGG ROLL 2 fried eggs, bacon & BBQ sauce on a Turkish roll ADD Cheese 1	12
BREKKIE WRAP Scrambled eggs, bacon, chorizo, cheese, caramelised onion, aioli & BBQ sauce wrapped in a toasted tortilla served with potato gems	18
BREKKIE BURGER Fried egg, bacon, chorizo, cheese, caramelised onion, BBQ & aioli sauce in a milk bun served with potato gems	18

OREGANO FOLD 🦸 🔆	18	<u>ROLLS</u>
Avocado, feta, mixed lettuce & tomato folded in a toasted za'atar roll served with mixed olives		All served with Super Crunch Fries SCHNITZEL ROLL
ADD 2 Eggs 5		Chicken schnitzel, bacon, lettuce, tomato, Kewpie
EGGS ON TOAST 2 eggs cooked your way, served on sourdough toast	12	mayonnaise, and cheese on Turkish bread
ADD Bacon 5		LAMB ROLL 👯
GRANOLA COCONUT	12	Lamb backstrap, Ajvar, pickled cabbage, carrots, cucumber, coriander, caramelized onion and aioli on Turkish bread
LUNCH		CHORIZO ROLL 👯
		Chorizo, lettuce, tomato, smashed avocado, onion, cheese. Chimichurri and aioli on Turkish bread
STUFFED EGGPLANT Eggplant filled with beef mince, eggplant, olives,	24	•
almonds and onion cooked in a spiced tomato sauce, served with rice and topped with feta		BURGERS/WRAPS All served with Super Crunch Fries
THAI GREEN CURRY SALMON 🌶 🛞 👯	28	Add Bacon Loaded Fries 3
Zucchini and carrot ribbons pan fried with onion,	20	GOURMET TRUFFLE CHEESEBURGER
capsicum and cherry tomato in a tangy and spicy		2 House made smash patties, spicy sujuk, onion,
green curry sauce, served with grilled salmon		Provolone cheese and truffle mayo in a milk bun
FALAFEL AND CAULIFLOWER BOWL # 1	22	ADD Bacon 2.5
Pumpkin and jalapeno hummus with falafel, grilled cauliflower, tomato and onion salsa, fried haloumi		PARX SMASH BURGER 🐰
and eggplant chips.		2 House made smash patties, bacon, shredded lettuce,
LEMONGRASS CHICKEN (*)	24	sliced tomatoes, onion, pickles, sliced cheese, Aioli and BBQ sauce, in a milk bun
Grilled lemongrass chicken thigh served with a side	2-7	ADD Fried Egg 2.5
of brown rice and vegetable medley		GRILLED CHICKEN BURGER J J 💥
CREAMY CHICKEN AND MUSHROOM CREPES	22	
Chicken and mushrooms cooked with onion and		Grilled chicken, shredded lettuce, cheese, onion, jalapenos, sliced tomato, aioli and Parx spicy mayo in a milk bun
garlic in a cream sauce with cheese.		ADD Bacon 2.5
FISH AND CHIPS	22	SOUTHERN FRIED CHICKEN BURGER 🧳 👯
3 battered flathead fillets served with super crunch fries		Southern fried chicken, slaw, American cheese & Parx
and side Greek salad, lemon wedge and tartare sauce.		spicy mayo in a milk bun
PRAWN TACOS 🍥 🍠	24	ADD Bacon 2.5
3 warm tortilla wraps filled with battered prawns, cabbage salad and cheese, drizzled with an avocado		LAMB WRAP
and jalapeno aioli, served with a lemon wedge		Sliced lamb cooked medium rare*, mixed leaf, feta,
SALMON BOWL	28	cucumber, tomato, spanish onion, capsicum, & tzatziki *Well done – allow 15 mins cooking
Cajun spiced salmon fillet served with couscous,	20	•
cauliflower, haloumi, onion, mushrooms, cherry		VEGGIE WRAP
tomatoes and zucchini, served with a lemon wedge		Mixed grilled vegetables, haloumi, mixed lettuce & pesto
SOUTHERN FRIED CHICKEN BOWL 🥖	26	CRISPY CHICKEN WRAP
Southern fried chicken, brown rice, smashed avocado, slaw, cheese, tomato, pickles, jalapenos, grilled		Southern fried chicken, avocado, tomato,
capsicum & onion drizzled with spicy chipotle sauce		cheese, lettuce & spicy chipotle sauce
MEDITERRANEAN LAMB	28	FALAFEL WRAP 🧳 👯
Lamb cooked medium rare*, brown rice, feta, sauteed		Falafel, iceberg lettuce, tomato, grilled eggplant,
capsicum, Spanish onion, olives, spinach & sweet potato served with tzatziki		pickles, with mango pickle and garlic sauce
*Well done - allow 15 mins cooking		GRILLED SANDWICHES
CHICKEN AVO MELT	26	CLASSIC B.L.A.T
Sourdough toast, topped with smashed avocado, grilled		Sourdough grilled with crispy bacon, lettuce, avocado
chicken and melted tasty cheese served with a side of sweet potato fries and Greek salad		cheese and tomato.
		ULTIMATE DELI Sourdough grilled with pastrami, ham, salami with
<u>SALADS</u>		lettuce, tomato, onion, cheese and olive tapenade
PUMPKIN SALAD 🦸 🗳 🕸	18	SUJUK MELT 🤳
Grilled pumpkin, grilled zucchini, spinach, cauliflower, Spanish onion, feta cheese and almonds with a tangy		Sourdough grilled with sujuk, cheese, mushrooms,
balsamic honey dressing		spinach and pesto
ADD Grilled Chicken 6		SIDES
ADD Lamb 10		
ADD Salmon Fillet 10 GREEK SALAD (**)	18	LABNEH FRIES
Mixed lettuce, tomato, cucumber, feta, capsicum,		lemon wedge
Spanish onion, olives & balsamic honey dressing		LOADED BACON GEMS
ADD Grilled Chicken 6		Potato gems topped with bacon bits & aioli
ADD Lamb 10 ADD Salmon Fillet 10		LOADED BACON SUPER CRUNCH FRIES
LAMB SALAD (*) 🔊	28	Super crunch fries topped with bacon bits & aioli LOADED BACON SWEET POTATO FRIES
Lamb cooked medium rare*, mixed leaf, cucumber,		Sweet potato fries topped with bacon bits & aioli
tomatoes, Spanish onion, capsicum, baby beetroot,		POTATO GEMS 🦸
almonds, olives & feta dressed with balsamic honey dressing & tzatziki		SWEET POTATO FRIES
*Well done - allow 15 mins cooking		SUPER CRUNCH FRIES 🗸

SOMETHING SWEET

22

22

20

20

22

20

20

20

18

20

18

14

14

14

12

12

12

12

10 10

SOMETHING SWEET	
WHITE CHOCOLATE PISTACHIO CREPES 3 crepes loaded with strawberries, white Belgian chocolate topped with pistachios and vanilla ice-cream	20
BISCOFF APPLE CRUMBLE WAFFLES	20
ACAI BOWL Frozen Acai blend finished with seasonal fruits, granola, coconut chips, superfoods, and honey ADD Peanut Butter 2 ADD Nitsoff 2	18
GRANOLA BOWL	17
PARX PANCAKES House-made pancakes, vanilla ice-cream & seasonal fruits served with your choice of maple syrup or Nutella	20
RICOTTA PANCAKES	20
CRUNCHY FRENCH TOAST French toast coated with cinnamon-sugar and cornflakes served with vanilla ice-cream, berry coulis, maple syrup and seasonal fruits	20
NUTELLA CREPES 3 crepes loaded with Nutella, topped with seasonal fruits, chocolate crumble, Belgian chocolate, and vanilla ice-cream	20
WAFFLES 2 waffles served with Belgian chocolate, seasonal	20
fruits, vanilla ice-cream and chocolate crumble FONDUE FOR 2	25
and marshmallows served with milk chocolate to dip LOADED DOUGHNUT FRIES © Cinnamon dusted doughnut fries with banana and strawberries, drizzled with milk and white chocolate	18
ADD Vanilla Ice Cream 2 AFFOGATTO Vanilla ice-cream served with a double espresso, Belgian milk chocolate, and topped with pistachios.	8

EXTRAS

Slice of cheese | Sauces -Tomato, BBQ, Truffle Mayo, Aioli, Mayo, Spicy chipotle, PARX spicy mayo | (1) Extra Bread | Grilled Tomato | Spinach | Feta | Hollandaise | Vanilla Ice Cream - (2) (1) GF Toast- (3) (2) Extra Bread | Avocado | Sautéed mushrooms - (4) (2) Eggs | Ham | Haloumi | Chorizo | Bacon | Sujuk - (5) (2) GF Toast | (2) Smash Patties | (5) Falafel | Smoked Salmon | Grilled Chicken | Chicken Schnitzel- (8) (9) Prawns - (9) Salmon Fillet | Lamb - (10)

